

# HELP YOUR TEAM TO LEAD WELL.



## HERE'S WHAT PARTICIPANTS ARE SAYING:

- ★ **Learn the basics to lead well**  
-- and have real time practice with other group members.
- ★ **Many great workers are promoted,**  
but they have never been trained to lead people.
- ★ **Don't leave your team to "figure it out"**  
-- Equip them to learn and lead with the best.

8-weeks ★ every Thursday ★ 11am to 1pm

### TOPICS COVERED

- Wk 1: The 5 Levels of Leadership & 10 Leadership Mindsets
- Wk2: Communication 101
- Wk 3: Difficult Conversations
- Wk 4: Effective Feedback
- Wk 5: Improving Performance Through Coaching
- Wk 6: Successful Meetings
- Wk 7: A Powerful Decision Making Framework
- Wk 8: Time Management Strategies & Delegation

★ "I am very impressed with Leadership Bootcamp! Nicole and Michael do an amazing job and in 8-weeks bringing out more tips and knowledge than 30-years of hard knocks learning in business will get you. I would recommend this course to anyone that is serious about taking their leadership to the next level and gaining a lot of knowledge..."

– Business Owner

★ "...I am much more equipped to lead my team with the knowledge I gained in this training. I have learned better ways to communicate, how to handle difficult conversations, how to help coach my team to grow, and skills to lead better. I highly recommend this training.... Do yourself a favor and go through the training. Everyone will benefit."

– Bootcamp Participant

★ "...from the skills I learned in Leadership Bootcamp, I was able to utilize much of what I had learned in life and apply it in much more effective ways than ever before. The hands-on practice of these skills with the people in the class was key to putting to use in real life after. I was more effective in many ways immediately after each class."

– Business Owner

★ **TO SIGN UP  
OR FOR MORE  
INFORMATION**

Text 218-428-9501  
or email  
contact@metamorphosisct.com

We help individuals & teams  
**GROW INTO THEIR  
Greatness!**

Coaching | Consulting | Training

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