



**Relationship Building Day
March 13, 2024**

What is Relationship Building Day?

Relationship Building Day will focus on building relationships with clients and community members and the impact of fostering long-term connections with people. Throughout the day, we will understand how utilizing interpersonal communication is integral to continuing sustainable relationships.

Locations:

Morning

- YMCA at Essentia Wellness Center: Ugstad Rd, Hermantown, MN 55811

Afternoon:

- Northwood Children's Services West Duluth Campus: 4000 W 9th St, Duluth, MN 55807
*Parking: There will be signage at Northwood Children's Services directing you where to park.
Please follow the signs.*

Dress Code:

Business casual with comfortable shoes. Remember to wear your name tags.

Thank You to Our Premier Sponsor





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- 9:00 a.m. Arrival at YMCA at Essentia Wellness Center
- 9:10 a.m. Welcome / Instructions
Jebeh Edmunds, Director of Education, Duluth Area Chamber of Commerce
- 9:20 a.m. YMCA
Sara Cole, CEO, Duluth Area Family YMCA and Duluth Area Chamber Board Vice Chair
- 9:50 a.m. Break
- 10:00 a.m. Tour of YMCA at Essentia Wellness Center
- 10:45 a.m. Intergenerational Communication
Dr. Chiamaka Enemouh, President, Lifestone Health Care, Inc. and Duluth Area Chamber Board Chair-Elect
- 11:20 a.m. Cultural Competency & Being an Active Ally
Jebeh Edmunds, Founder & CEO, Jebeh Cultural Consulting, Inc.
- 11:50 a.m. Depart for Northwood Children's Services
- 12:10 p.m. Tour Northwood Children's Services
- 12:50 p.m. Lunch
- 1:20 p.m. Northwood Children's Services & Building Relationships
Morgana Kolenda, Director of Resource Development
Chase Carlson, Wolverine and Husky Team Supervisor
- 2:00 p.m. Leadership Lab: Small Group Discussion
- 3:00 p.m. Wrap Up / Adjourn

